



Dinner Menu

Small Plates

Olives (v/vg)	5.00
Focaccia (Rosemary & sea salt) (v/vg)	4.00
Bread, olives & balsamic (v/vg)	7.50
Stuffed Piquant Peppers	7.00
Homemade Soup (v/vg)	8.00
Served with warm bread	
Chargrilled Tender-stem Broccoli	8.00
Whipped lemon ricotta, harissa	
Mezze Houmous & Falafels (v/vg)	9.50
houmous, olives, sun blush tomatoes & toasted bread	
Goat's Cheese Bruschetta (v)	10.00
Olive bread, goat's cheese, tomato, chutney,	
Crushed Spiced Potatoes	8.00
Spinach, onion, and garlic mayo	
Miso Braised cabbage	8.00
Lime, Sesame, Spring onion	
Porthilly Mussels	9.00
Cooked in white wine, garlic and cream. Served with toasted bread.	
Crispy Salt & Pepper Squid	9.00
Lemon, Citrus Saffron aioli	
Black Tiger Prawns	10.00
Garlic butter, chilli & lime	
Gochujang clam broth	10.00
Korean spiced broth, Spring onion, chili, coriander.	
Crispy Shredded Salt & Chilli Chicken	9.00
Garlic mayo dip	

Nachos

All our nachos are served with salsa, guacamole, sour cream, jalapenos, pickled red onion, cheddar & mozzarella. Options:

- Cheese (v/vgo)	10.00
- Veggie Chilli (v/vgo)	13.50
- Beef Chilli or Spicy Shredded Chicken	13.5

Sides

Skin on chips (v/vg)	4.00
- Add cheese (+1)	
Sweet potato fries (v/vg)	5.00
Mixed salad (v/vg)	4.50
Greek Salad (v)	6.50

Mains

Confit duck
Borlotti bean cassoulet, prosciutto, chervil and dill 18.00

Za'atar Aubergine(vg) 15.50
Israeli cous cous, sun blushed tomato, pomegranate, vegan tzatziki

Chilli Con Carne (v/vgo) 14.00
Homemade *beef* or *veg* chilli with sour cream, jalapenos & pickled red onion. Served with either skin on fries or basmati & wild rice

Fish

Crispy Salt & Pepper Squid 15.50
Served on a Greek salad with feta, olives, red onion with Citrus saffron aioli

Porthilly Mussels 18.00
Cooked in white wine, garlic and cream. Served with skin on chips and toasted bread

Fish & Chips 17.00
Locally sourced fish, skin on chips, crushed minted peas & homemade tartare sauce
(Ask for todays fish)

Burgers

TJ's Smash Burger 16.00
Local Cornish beef, smoked bacon, Monterey jack cheese, tomato, little gem, gherkins, burger sauce, pickled red onion, brioche bun
Add: Extra smash burger patty (2.00)

Chicken Burger 17.00
Lightly breadcrumbed buttermilk chicken fillet, smoked bacon, little gem, tomato, pickled red onion, garlic mayo, rosemary & sea salt focaccia bun,
Add: Cheese (+1.00)

Beyond Meat Burger(vg) 16.00
Vegan smoked cheese, tomato, little gem, gherkin, vegan burger sauce, pickled red onion, brioche bun
All burgers come with skin on fries
Swap: Sweet potato fries (+1.00)

Dog Walkers

Sliced pork sausage (for dogs) 1.50

We aim to provide quick service, but please be aware that during busier times there may be a wait.

Allergy Advice - Please speak to us before you order about any allergies or intolerances that you have.

Whilst every care is taken, we are unable to guarantee that **any** dish on our menu is allergen free

Menu descriptions do not include all ingredients used in the dish - **Full allergen information available on request**

(v) vegetarian

(vo) vegetarian option

(vg) vegan

(vgo) - vegan option